In the days before European explorers set foot in North America and began to rename and re-organize settlements, the natives on the northern shore of Lake Ontario used to hold regular meetings between the foot of two rivers.

This area was called Toronto, or meeting place, in the Huron language. Perhaps this was a fitting title for the area because now, Metro Toronto is the number one visitor and convention destination in Canada. Tourists, business and convention delegates make 17-million visitations to the city yearly and it’s not just because the community is at the base of two rivers!

Metro Toronto has been called the world’s newest greatest city . . . the reasons can best be summed up with three words . . . entertaining, safe and clean.

The city has the second largest theatre community in Northern America (behind only New York), it’s the home of the world’s tallest free-standing structure (the 1,815 foot CN Tower), there are more than 4,000 restaurants here and its financial community is one of the most powerful on the continent.

If the sporting life is what you’re interested in, Metro Toronto is headquarters for the Toronto Blue Jays of the American League, the Toronto Maple Leafs of the National Hockey League and the Toronto Argonauts of the Canadian Football League. If you want to get out of the armchair and into the action, Metro has some of the finest golf courses in North America, a bicycle path that links the waterfront with the suburban areas and if you like a little adventure on the high seas, salmon fishing charters are available on Lake Ontario at the foot of the downtown core.

Some of the other outstanding attractions in Metro Toronto include: the Ontario Science Centre with a mandate to “please touch” the exhibits, The Royal Ontario Museum, ranked in the top ten in the world, with one of the largest collections of Chinese artifacts anywhere; the Art Gallery of Ontario; the Canadian Opera Company; the Toronto Symphony Orchestra; the National Ballet of Canada.

home to the warmest people you will meet in your travels. The population is about 3.5 million and while that makes this the largest community in Canada, Torontonians haven’t lost the charm and graciousness they are know for.

The streets of the city are safe at any hour of the day or night and walking in the downtown core is advisable. (But with 244 square miles to cover in Metro, bring a comfortable pair of shoes).

A very affordable mode of transportation is the Toronto Transit Commission, commonly called the TTC. It has just been recognized as the safest, cleanest system in North America. Two subway systems are complimented by a surface bus and trolley car network.

There is so much going on in Metro Toronto these days that it’s best to come and take it all in personally. That’s why we say “Metro Toronto . . . Discover the Feeling!”